



This poster is to help you decide what could be a 'problem' and where to get help and support.

**Trying to give you tablets, cigarettes, drugs or alcohol**

Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is?

*Do not eat, drink or smoke what they are giving you. You must tell someone at school so we can help.*

You have the right to feel safe and happy.

Don't keep sad feelings to yourself – tell someone!

**Touching you**

Has someone touched you and made you feel uncomfortable or has someone touched you somewhere where they shouldn't? You must tell someone at school so we can help.

*Don't keep it a secret*

**Don't keep  
it a secret**

**E-safety**

Has anyone sent you unkind messages or threatened you on your 'phone, i-pad or other electronic device?

Have you seen anything that has upset or worried you?

Has someone online asked you to do anything that made you feel uncomfortable?

You must tell someone at school so we can help.

*Don't keep it a secret*

**Saying odd or strange things to you**

Has someone said something to you that upsets you or have you heard something that you do not like?

*Don't keep it a secret*

**Hitting, punching, smacking or hurting you**

Has someone hit, punched or smacked you or hurt you in any way? You must tell someone at school so we can help you.

*Don't keep it a secret*

Examples of people you can tell are:

- **Your teacher**
- **Teaching Assistant in your class**
- **Mrs Coupe, Safeguarding Governor**
- **Mrs Prescott, Headteacher**
- **Any adult in school**

*Don't keep it a secret*

**Is someone bullying you?**

Is someone hurting you, threatening you or calling names on a repeated basis?

You must tell someone at school so we can help you.

*Don't keep it a secret*

**tell us**

Our school has a Safeguarding Policy for staff, parents and Governors. This 'child friendly' poster is written for children to understand.

**tell us**