



Eccleston C.E. Primary School

*“Let Your Light Shine”- Matthew 5:16*

## **PHYSICAL EDUCATION POLICY**

Curriculum Committee

Reviewed: Autumn 2021

Approved by Curriculum Committee: Autumn 2021

Approved by Full Governing Board: Autumn 2021

Signed by Chair of Governors:

Review Date: Autumn 2024

## ECCLESTON CE PRIMARY SCHOOL

### Our Vision Statement

At Eccleston C of E Primary School we are united in our vision to prepare our children for life in the modern world.

We will do this by instilling a lifelong love of learning and embedding Christian values that reflect the example Jesus has set.

We strive for excellence in all we do, enabling all members of our school to flourish.

### P.E. POLICY

#### Introduction

At Eccleston CE Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). PE should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

#### Aims:

**The consistent delivery of high quality PE lessons which are exciting, challenging and enjoyable and provide many varied learning opportunities**

- Develop knowledge, skills and understanding across a range of sporting activities.
- Engage in moderate to intense physical activity over sustained periods of time.
- Participate in competitive sports and activities.
- Lead healthy and active lives, picking up positive habits for their future lives.
- To compete in games and activities in a collaborative team.

- To develop Staff competence and confidence in the delivery of high quality PE lessons
- To promote safe practice in all activities.
- To use sport to build pupils self-confidence and self-esteem.
- To encourage involvement in extra-curricular sporting activities and develop community and club links
- Increase participation in competitive sports both in and out of School.
- To develop Staff competence and confidence in the delivery of high quality PE lessons

### Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics,
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- School shoes are not permitted to be worn for PE

Staff teaching PE should wear the PE kit provided by School and also consider their own and their pupils' safety with regard to their own additional personal clothing, footwear and jewellery when involved in the teaching of any sporting activity.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

### **PE and School Sports Premium Funding**

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at Phoenix Primary School. A breakdown of the funding can be viewed on the School website.

### **Activities taught**

We teach the full National Curriculum requirements of PE across the year.

- Games
- Dance
- Gymnastics
- Fundamental Movement Skills
- Games (Softball, Cricket, Basketball, Table Tennis, Bench Ball, Hockey)
- Athletics
- Health Related Fitness

We aim to take all children swimming at some point during the year. We aim that 100% of our pupils will reach the swimming standard by the end of Year 6.

### **Participation in PE**

We aim for full participation in every PE lesson and aim to do this by:

- A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
- Our curriculum takes into consideration the range of pupils' needs to ensure continuity and progression in learning is provided and PE lessons will be suitably differentiated in order to support and challenge pupils.
- Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative, or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
- Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Students should change into suitable

footwear. Parental notes should be received if a child is excluded for any short or long term health reason.

### **Clothing to be worn during physical activity (before, during and after school)**

We usually ask that all pupils change for PE and wear our school PE kit;

- White t shirt
- White or navy shorts
- Black pumps

We will always endeavour to provide spare kit for pupils cannot access their own designated school PE kit, to ensure that children do not miss PE lessons

### **Extra-curricular activities and clubs**

A range of after school clubs are available to pupils. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities

### **Monitoring and evaluation of physical activity**

The PE Lead Teacher or member of SLT with responsibility for Monitoring is responsible for the overall monitoring of the quality of PE and physical activity provision.

We monitor PE in the curriculum through subject reviews and self-evaluation in order to provide an accurate perspective on how it is being delivered and how it can be further improved.

Physical Education is monitored and evaluated through:

- Lesson observations
- Monitoring of lesson planning
- Monitoring of equipment
- Pupils Assessment data
- Feedback from staff
- Children questionnaires
- Pupil records of participation, focusing on different groups

- Feedback from pupils/school council about PE and general physical activity
- Pupil attendance and achievement in sporting competitions
- Attendance at after school sports clubs

When external providers are used to deliver physical activity, the PE Lead will observe to ensure that high quality lessons are delivered and assessed consistently.

### **Equal opportunities and inclusion**

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

We do not separate children during PE lessons according to gender.

If we are participating in events outside school which are separated by gender, trans pupils should be enabled to participate in the activity which corresponds to their gender identity if that is what they request.

### **Training and support for staff**

We use a proportion of our Sports Premium money to enable professional sports coaches to work alongside for half a term each term.

Our Subject Leader for PE is Mrs L Frank.